

## **Lemonade or Limeade (Good on all days)**

*Servings 1*

**1**      **lemon or lime**  
**6 to 8**   **drops stevia**  
**8 oz**    **water**  
          **ice**

1. Squeeze lemon juice into a 16 ounce glass, straining seeds out. Add 6-8 drops of stevia and stir. Add filtered water until about 2/3 full. Add ice. Add more stevia if not sweet enough.