

Cucumber, mango and chickpea salad (modified from Clean Food) **(Good for Days 1,2,3,4,9,10)**

2 medium cucumbers, peeled and diced

1 mango, peeled, pitted and diced

2 cups cooked chickpeas

½ cup fresh mint, chopped

1 small shallot, minced

2 to 3 tablespoons olive oil

salt and pepper to taste

1. In a large bowl, combine all ingredients and toss with olive oil. Season with salt and pepper to taste.